

Deep Thinking by Miss J

Monthly Online Magazine with 'ThingsYouWantedToSay.com'

April 2015

Page 1

Deep Thinking

by Miss J

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April 2015

Page 2

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Monthly Online Magazine with 'ThingsYouWantedToSay.com'

April 2015

Page 4

Why is this online magazine called 'Deep Thinking'?

There are several reasons.

When I read magazines, no one really talks about what is real. They like to talk about what someone else is going through and gossip.

I have found that most people think on the surface, not getting all the facts or information. If you have a strong personality and say something with confidence, it is possible to deceive the people.

'Deep Thinking' is meant to get you to see you are not alone, and that it is OK to think outside of the box, outside the routine.

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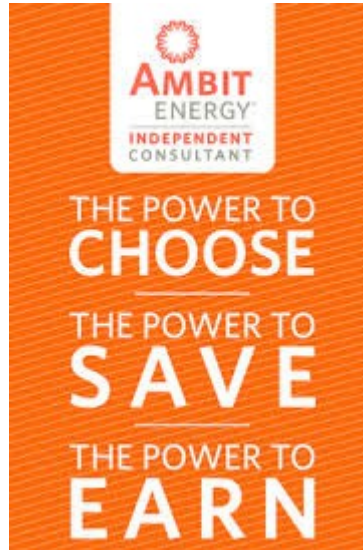
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April 2015

Page 5



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Monthly Online Magazine with 'ThingsYouWantedToSay.com'

April 2015

Page 6

The other day I decided to examine myself to see if I was a liar.

What I found out was that I do lie to myself and to others at times. An example of this, would be that someone asked me how are you doing?

I responded back like I was on top of the world, but deep down I wanted to cry. I was actually having a bad day that day. Just trying to hold it together, fighting with every ounce of strength that I had.

Then I thought about what I said, that I was going to examine myself, and I realize that my words went up to God. He heard what I said and is allowing me to see myself.

Then someone else asked what are you doing this weekend? I waited a couple of moments, then said what are you doing? This time I thought about it, so I would not lie to them or to myself.

The Bible says every word would be accounted for.
Now, I am slower to speak.

There is nothing like seeing yourself honestly.
You either come to grips with it or you ignore it.

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Deep Thinking by Miss J

Monthly Online Magazine with 'ThingsYouWantedToSay.com'

April 2015

Page 7

In this beautiful world we live in,
always watch out for what I call 'stick pin' spirits.

'Stick pin' spirits always like to go around
and put their sharp opinion into those that allow it to, and burst it.

Just like balloons, you blow and blow to get it to the size you want,

then here comes 'stick pin' spirits.

They just use their pin and now all your hard work,
time and effort has gone away, just like that.

You can hear the air coming from so many holes punched,

wounds you are trying to patch up as quickly as possible,

but you can't keep up.

Now 'stick pin' has completed its job
and now is moving on to the next victim.

Start being like a brick on the outside,
so when 'stick pin' spirits try to stick you,
they get damaged and not you.

No more the victim.

**** *

What is this All About?

Reprinted from Miss J's Blog

@ <http://ThingsYouWantedToSay.com>

What is this Blog really all about?

What are the Books about?

It's about REAL things that take place in peoples lives, that leave them wanting to say something, but they keep it trapped inside.

Example:

Did you ever think about saying something to someone that really gets on your nerves, but you don't? Now they assume that you both get along great and they have no idea that you can walk with them, talk to them, sit with them, but still on the inside dislike them.

The first time I noticed something like this was when I saw it being displayed by other people. Then I told myself 'In order to get answers/solutions you have to ask yourself questions and not be afraid of the answers when you get them.' So I said 'why does this take place?' and 'what do they really want to say in that situation?'

The Answer?

. . . keep reading . . .

Deep Thinking by Miss J

Monthly Online Magazine with 'ThingsYouWantedToSay.com'

April 2015

Page 9

This Blog and These Books.

You can't let something go if you don't realize that you are holding it in the first place. You can't heal a emotional wound if you don't acknowledge you have one. You have to clear identify and admit the existence of your 'baggage' before you can set it down.

These stories help us all to do just that.

Praise God

Miss J

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Monthly Online Magazine with 'ThingsYouWantedToSay.com'

April 2015

Page 11

One day I decided to put on a 'mean look' by using my eyes to communicate, and to talk only when necessary.

Sometimes I rolled my eyes, other times I decided to just stare, to see how many people will overlook the mean look and still be nice.

So many people give back to me what I gave to them, without even thinking about it. **Their brain is on autopilot.** Some people gave into the mean look I gave them instead, of overlooking it.

Do you allow someone to ruin your day based on their facial expressions? There are some people that have a very intimidating look, yet they are so nice.

Some Companies hire people based on their appearance, so you will think twice before you cross them or the company.

People come in many shapes and colors.

You can't change someone's look,
but you can change how you view it.

Don't take things personal.

Remember that looks can be deceiving.

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Deep Thinking by Miss J

Monthly Online Magazine with 'ThingsYouWantedToSay.com'

April 2015

Page 12

People are going to hate you because of who or what you represent.

If you are an outgoing person,
you will make those those that are not outgoing, to look bad.

An outgoing person likes being around people, they get their high
just by talking and being around people.

The person that is not outgoing, they get their high just by being off
by themselves.

The name for this is introverted and extroverted people.

Don't frown on friends, family, and coworkers who like to talk.

If it is in them, it is in them.

If it is not in you, it's not in you.

Please stop the hating, no two persons are the same.

If so, this would be a very boring world to live in,

with too many people just like you in this world.

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Deep Thinking by Miss J

Monthly Online Magazine with 'ThingsYouWantedToSay.com'

April 2015

Page 13

Do you ever blame things on the way you were raised,
or know someone that does?

Everyone out there has a story.

Some stories are horrible about their upbringing,
other stories are about what they were told.

They never looked into it to see what was fact and what was fiction.

Don't allow what happened to you,
to hold you back,

no matter how many stories you have about how you were raised.



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Monthly Online Magazine with 'ThingsYouWantedToSay.com'

April 2015

Page 14

Have you ever done something because you were outnumbered,
and when you gave into it,
you were so ashamed of what you had done?
All that next day you knew you did wrong,
and guilt was eating you up because you feared the people,
instead of standing alone,
instead of standing for what was right,
you went with the group.

Why?

Why?

**** *

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Monthly Online Magazine with 'ThingsYouWantedToSay.com'

April 2015

Page 15

Do you think about your life,
that on a certain Month,
a certain day of week,
at a certain time during a certain hour,
that you will no longer exist on this earth?

I am now over 40 years old
and I wonder sometimes
that if I knew the month
and the day of the week
and hour on that clock,
would I spend plenty of time thinking about it
or would I rejoice at that time?

And ask myself,
have I done all that I can do?

**** *

Deep Thinking by Miss J

Monthly Online Magazine with 'ThingsYouWantedToSay.com'

April 2015

Page 16

“THE SECRET OF
CHANGE IS TO FOCUS
ALL OF YOUR ENERGY,
NOT ON FIGHTING THE
OLD, BUT ON BUILDING
THE NEW.”

— SOCRATES

Every now and then,
you run into people that can be really competitive.

Now I asked myself:
Am I competitive? And if so, why?

I found out that around some people I am competitive
and around others I am not.

The hardest thing for someone to do is to start looking at themselves.
Who am I, really?

Why do these people cause me to be this way?

Some people have died, but never knew who they really were.

They just either denied it when told who they were,
or they just never knew.

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Deep Thinking by Miss J

Monthly Online Magazine with 'ThingsYouWantedToSay.com'

April 2015

Page 17

The other day I decided to see how much I like people.

I learned a lot about myself, again.

There are some people that I am always glad to see, and then there are some people who I am never glad to see.

I try to look for the good in everyone, even if it's just their outfit, shoes, hairstyle or etc.

Everyone has about them what I call 'energy'.

Some energy they bring to me is, it's their world and everyone else just lives in it.

Others bring this I don't want to know anything about you, you are beneath me, are my servant/slave and just serve me but don't talk to me.

What energy do you bring to the table when someone sees you?

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Deep Thinking by Miss J

Monthly Online Magazine with 'ThingsYouWantedToSay.com'

April 2015

Page 18

Never think that no one knows what you are secretly doing.

The other day I was washing dishes, my dog was in the back yard barking at the neighbor kids who were throwing sticks and toys, over the fence, at the dogs while yelling at them to shut up.

Now I asked them 'How do your toys keep getting into our yard?'

They replied by saying that they didn't know.

Thank God for windows in the house.

Now I have seen for myself that they are little liars.

Some parents never want to know, or be shown,
that their child is doing something wrong.

Someone is always watching and looking out the window.

Even when you least expect it.

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Deep Thinking by Miss J

Monthly Online Magazine with 'ThingsYouWantedToSay.com'

April 2015

Page 19

Have you ever asked someone to buy something from you,
because you purchased from them,
and they tell you No,
and then go buy from someone else?

Did you get mad at them,
or did you let it go?

Questions, questions that only you can answer.

Remember,

Vengeance is the Lord's,

So Let it Go.

**** *

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Monthly Online Magazine with 'ThingsYouWantedToSay.com'

April 2015

Page 20



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Monthly Online Magazine with 'ThingsYouWantedToSay.com'

April 2015

Page 21

Do you ever ask yourself the question:

What if you were in an accident on a bridge

and the person that hit your vehicle,

caused it to flip over the side of the bridge

and fall down into the water below?

What would you do if you could not swim?

Would you cry out to Jesus for help?

Or would you roll your window down

and scream with a loud voice,

saying I can't swim, please help me!?

Or would you think 'this is it' and just give up and die?

Whatever choice you make,

are you sure that you are alright

with the Lord, and in His Will?

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Deep Thinking by Miss J

Monthly Online Magazine with 'ThingsYouWantedToSay.com'

April 2015

Page 22

Have you ever witnessed something happen
to someone you really did not like?

Example: this person, that you don't like,
left their cell phone on the table

and someone walked up and secretly took it.

Would you say something, seeing them in tears,
knowing that the phone was not cheap?

Or would you keep silent because of your dislike for them?

Questions, questions that only you can answer.

Here you go, answer this question:

what kind of person are you?

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Monthly Online Magazine with 'ThingsYouWantedToSay.com'

April 2015

Page 23

Do you know someone whose personality
is like Red Hot candies?

When you put the Red Hot candy into your mouth,
or in water,

it instantly starts to burn your tongue
and the water takes the red coloring from the candy.

Some people's spirit is like this.

Their tongue gets hot and then it explodes,
and it burns, burns and unnecessarily burns toward others
plus the color doesn't come back.

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Deep Thinking by Miss J

Monthly Online Magazine with 'ThingsYouWantedToSay.com'

April 2015

Page 24

Questions, questions, do you ever ask yourself questions?

I am always asking myself

how do I display my spiritual walk when I am out in public,

or at home where no one can see me?

Do I look down on anyone that is not like me.

Do I frown on anyone that doesn't measure up to me?

Am I a 'Miss Goody Two Shoes'?

Do I treat everyone with respect, or am I double minded?

Whoever says something strong, do I agree with them?

And then gossip about them when they leave my face?

Am I really happy to see certain people or do they disgust me?

Do I enjoy being around my family

or do I pretend until they leave my presence,

and if so why?

Who am I, really?

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Deep Thinking by Miss J

Monthly Online Magazine with 'ThingsYouWantedToSay.com'

April 2015

Page 25

Why do I allow someone else to steal my joy?

The only thing I have control over, is how I handle me.

Others can only affect me if I let them.

I have to stop allowing nonsense to stay in my presence.

If I don't like something or someone, I need to leave.

Stop allowing others to control my day, or control my life.

I am only one person and they can't die for me.

One per casket, everyone dies on their own.

I choose to live.

Basically,

I am responsible for myself.

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Deep Thinking by Miss J

Monthly Online Magazine with 'ThingsYouWantedToSay.com'

April 2015

Page 26



Up to a point a man's life is shaped by environment, heredity, and movements and changes in the world about him. Then there comes a time when it lies within his grasp to shape the clay of his life into the sort of thing he wishes to be. Only the weak blame parents, their race, their times, lack of good fortune, or the quirks of fate. Everyone has it within his power to say, This I am today; that I will be tomorrow.

(Louis L'Amour)

izquotes.com

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your background is...**

ANYBODY

Can Do This!

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Monthly Online Magazine with 'ThingsYouWantedToSay.com'

April 2015

Page 27

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